

# MEJISHI MARTIAL ARTS

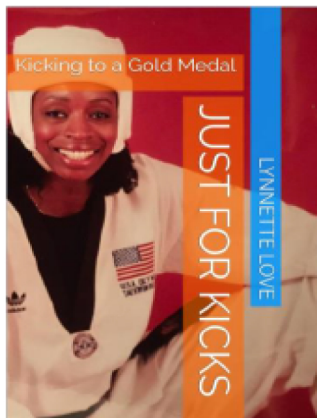


247 W. NINE MILE ROAD  
FERNDALE, MI 48220  
(248) 895-5787  
JAYE SPIRO

10<sup>th</sup> DEGREE BLACK BELT  
Ai Mute Shotokan Karate,  
Modern Amis, Balitawak Escrima

OWNER AND DIRECTOR  
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Email: [mejishimartialarts@att.net](mailto:mejishimartialarts@att.net)

KARATE • SELF-DEFENSE • FILIPINO STICK FIGHTING



## ***Lynette Alicia Love*** ***3 Time World Champion,*** ***2 Time Olympic Gold Medalist***

### **Seminar, Book Signing and Reception**

Friday September 6  
247 W. 9 Mile Road Ferndale, MI 48220

Seminar 6 – 7:30 PM  
***Sparring and Kicking Drills***  
12 years and older \$20

Book Signing and Reception with light refreshments to follow 7:30 – 8:30 PM

Her book *Just for Kicks* is about Hope, Courage and Dreams through Martial Arts.  
This is her journey on the 1988 and 1992 Olympic Taekwondo Team.

Autographed Book \$29  
\$45 for both autographed book and seminar

To register you can pay by cash, check, or money order to Lynette Love at the door.  
Or prepay and register thru Venmo, Cash App, PayPal or Zelle  
at 301.254.5609.  
Note what you are purchasing.

JUST FOR KICKS: Kicking to a Gold Medal <https://a.co/d/01jNflrz>  
Books available or bring your book to be signed.

# Lynnette A. Love

**1988 Olympic Gold Medalist in Taekwondo**

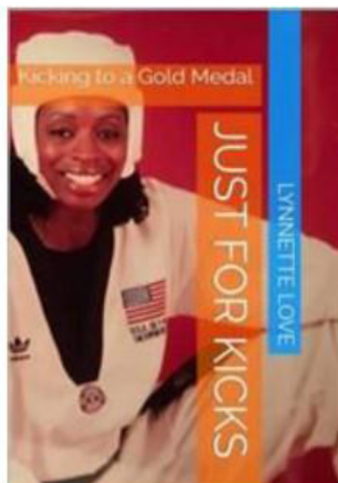
**1992 Olympic Bronze Medalist Taekwondo**

**Book Signing to support the Scholarship Commission**

**Greater New My Moriah Missionary Baptist Church**

**586 Owens Detroit, MI 48202**

**September 8, 2024, in the Narthex right after service about 11:00 a.m. service starts at 10:00 a.m.**



- *Cass Tech Alumni 1975- Cass Tech Hall of Fame*
- *8<sup>th</sup> Degree Black Belt*
- *3-time World Champion*
- *Guinness Book of World Records*
- *Taekwondo Instructor for over 30 years*

**Books are \$29.00 for soft cover**

**To reserve your copy in advance call ore text Deborah Love at 313-377-7767**